Newsletter



Strength Through Understanding

Date: 26th May Edition: 23: 03

Prep-2 Indigenous Studies



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School Council President: Bronwyn Lenehan
School Captains: Olive Andrew and William Banks



The process to recruit a substantive principal for Timboon P12 School has concluded. School Council is pleased to announce that Matt Dodson was the successful applicant and has been provisionally appointed. We thank Matt for his contribution to the school in the acting principal role this semester and look forward to him commencing in the substantive position in Term 3. Bronwyn Lenehan, School Council President

PRINCIPAL'S REPORT

Thank you for your congratulations and words of support that I have received this week on my appointment to the ongoing Principal role at Timboon. I am honoured to be joining the school in this leadership role.

In my short time here, I have got a real sense of the rich history and important place our school has in the community. I am looking forward to working with students, staff and families to continue to build a school community focused on student learning and wellbeing — a place where every child can thrive from Prep to Year 12.

I invite everyone to be actively involved in supporting and realising this vision in whatever way you can. We all have a role to play, whether it be showing interest in your child's learning, helping in the canteen, involving yourself in a TAP incursion or excursion, engaging in parent teacher interviews, getting your child on the bus and to school each day, joining the school council or in many other ways. No matter whether it seems big or small, everything contributes to the overall success of what we are aiming for at Timboon P-12 School.

I look forward to meeting many more of our Timboon P-12 School families over the coming weeks and months.

Education Week

It was great to see carers, parents and grandparents throughout the school during the open morning in education week. This year's theme 'Active Learners: Move, Make, Motivate', celebrated physical activity, hands-on learning, and student voice in education. As I looked around the school, I kept unearthing many examples of how this thread of active learning was woven into the school's programs and classroom lessons, as well as celebrated at the Primary and Secondary assemblies.





Reconciliation Week

This National Reconciliation Week we want to acknowledge the Traditional Owners of the lands and waters of our country where our school is located - the Kirrae Whurrong people of the Marr Nation. We all have a role to play when it comes to reconciliation and learning about history, cultures and language to build our understanding of First Nations Peoples is an important part of the school. Our Prep-2 Indigenous studies program is featured on the front of this newsletter and Indigenous perspectives are built into the Victorian curriculum at all other levels. During the week students will be engaged with Reconciliation Week activities in their classrooms. We will shortly be unveiling our Acknowledgement of Country sign beneath our flagpoles that has been welded together by our year 11 students.



MATT DODSON PRINCIPAL

ASSISTANT PRINCIPAL REPORT

We are halfway through the term, and we have been busy with a range of academic, sporting and extra curricula activities, with a great amount of success. Students from years 8-12 participated in the speech section of the Warrnambool Eisteddfod, with most students winning or placing in their section. Congratulations to all involved and to the English team for preparing the students for the event. A range of students in years 7-12 have entered the Australian Geography and History competitions this week.

We have students competing in district, region, and state levels at a range of sporting events over the term; athletics, swimming, clay target shooting, girls and boys netball, girls and boys football, and cross country. Many students have had enormous success progressing to the next levels in multiple events.

Our school offers a broad range of hands-on and TAP (Timboon Agriculture Project) related activities for students to engage in. This term students have had the opportunity to be involved in:

- Biolab Excursion for Physical Education Year 8, 9 and 10
- Live Wire Park, sailing and Budj Bim Basecamp for VCE Outdoor Education and Environmental Studies students
- VCE Careers Expo in Melbourne
- John Keats, Police Liaison Officer- Years 6, 7, and 8
- Trades Fit Expo- for girls- Neil Porter Legacy
- Year 9 Humanities- Interviewing Curies River Residents for a publication
- Hands-on Learning programs for Year 7/8 and 9/10completing building and gardening project highlighted by SRC and JSC students to improve our school
- 9/10 Ag Hort Business class has had excursion to a range of dairy related venues related to class work
- Year 9 Try A Career Day- SWTAFE- looking at VET (Vocational Education and Training) options for 2024
- Year 10 Maths excursion to a Dairy farm
- Coffee Making Course offered for Year 7-12
- Calves at School for Cows Create Careers
- Headspace Presentations.

Semester 1 Exams

Over May 29-31, Year 11 exams will be held. Students will sit an exam for each of their subjects over three days. VCE VM student will sit English and Maths on Monday and return to normal classes on Tuesday, as per schedule below.

		•	Wednesday 31 st May
9.00- 11.00	English VM Literacy	Food Studies	Outdoor Education Psychology
recess			
11.40- 1.40		,	Art -Making and Exhibiting Physics Biology

GAT (General Achievement Test)

All students studying a Unit 3-4 VCE or VET (2nd Year) course will be sitting the General Achievement Test on Thursday June 15th. The GAT will take place in two parts over the day, and students will have lunch catered for them between the two tests to ensure they are prepared for both. Students have had an information session here at school and will take a practice test in the coming weeks.

Term 3 will bring the start of the preparations for 2024 with information evenings for VCE and other year levels. Subject selections and Pathway interviews will start to help students make informed subject choices for their future.

Winter is upon us and as it starts getting colder, please ensure students are wearing full school uniform each day and look out for new uniform items at Lowes in Warrnambool to keep your child warm.

GABBY THEOLOGOUS
7-12 ASSISTANT PRINCIPAL





Congratulations to Finniss Wood. He won the "Name the Bus" competition run by Timboon and District HealthCare Service.

The new community centre bus is called "JOY".



School uniform available from Lowes in Warrnambool.

Our Prep students have had a busy start to Term 2.

We have started our Perceptual Motor Program which focuses on hand/eye and hand/foot coordination, fitness, balance, locomotion and eye-tracking activities. As you can see from the photos, students have been loving the many activities.

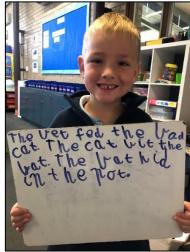
Students' reading and writing skills are coming along in jumpsand-bounds and most students are now reading simple books and writing simple words or sentences.

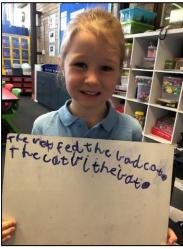
In maths we have had a big focus on addition and are practising our doubles facts.











The year 1/2 students investigating what happens to rain falling on different surfaces.









Young scientists investigating a local water source, Power Creek in Timboon.









Showing Commitment in Year 5-6

The year 5-6 students are stepping up and showing commitment in a range of areas in their lives. Here are a few examples of how



Eli Kerr is a committed swimmer. On Tuesday and Wednesday mornings Eli gets up at 4:30 to head to Warrnambool for swimming training. He also rallies at week's end to make a Friday afternoon training session. Recently he has won 3 gold medals swimming for Timboon P-12 at the State swimming championships. This is his third year in a row for winning three gold!



Xavier McNeill has taken his role as Junior School Council Representative seriously. Xavier recently stepped up to represent Timboon P-12 school in Warrnambool, reporting back to the Warrnambool philanthropic trusts that provide support for TAP.



Savannah Beames has shown commitment to her academic endevours by taking on extra language studies. Savannah is currently studying French. Bonne chance avec vos études Savannah!



Milah Crole is part of the Colac District Football Netball League. This entails representing her Simpson Tigers team in Netball at a higher level. Milah gives up her Sundays to train in Colac.



Changes all around us

Our Year 1/2 students are learning about seasons and changes all around us so we thought we'd TAPify their investigations and take them on a field trip to Brad and Becc Couch's farm at Brucknell. Brad and Becc explained that theirs was a seasonal farm, meaning that their 350 cows calve and produce milk according to the grass curve. This means that the Couch's cows produce milk when the most grass can be directly grassed by the cows with excess seasonal grass preserved in spring, as silage or hay to be fed to the herd when there is less feed available. They had almost finished drying off their cows so that the cows, farm and Couchs themselves could all have a rest before calving starts again. Ruby King and Cecilia Sbrizzi from ProviCo, described what happens to the Couch's milk when it leaves the farm and explained that the milk is dried into powder to be used for products such as yoghurt, icecream, nutritional powders, chocolates, dried milk products and animal milk powders. Brad and the students toured the dairy hub learning about the history of the farm, farm layout, old dairy,

new calf sheds, old/new equipment, and the new herringbone dairy with stall gates where some of the teachers were 'milked'. Becc described seasonal changes including what the cows were doing, calves, water, grass, hay, silage, plantations and tracks. To reinforce their learning about changes, the students then had to identify which changes were Natural, Managed or Constructed with some very interesting conversations taking place. The field trip concluded with Becc supplying some Haigh's Chocolates with a quick quiz on farm facts. Thanks Brad, Becc, Ruby and Cecilia, we learnt heaps!





Flood Maths

As part of their studies of Natural Disasters the Year 5/6 students were introduced to the Flood Maths unit by local farmer, Chris Mackenzie. After examining historical, actual and predicted weather maps, students discussed BOM's indication of a 30% higher than average rainfall prediction for the southwest. Chris described the location of his farm and students could observe the numerous creeks, rivers and drains that run through the Timboon area. Examples of previous destruction caused by floods in the region were shared and Chris showed the students the damage caused to his fences, laneways and paddocks. Armed with quotes provided by Hayley Hart from Nutrien Timboon, students now have to work out what Chris would need to purchase and calculate the costs to replace and repair the potential flood damage to his farm. These applied learning opportunities centred on practical maths applications are a hallmark of the TAP as they provide students occasions to develop a range of skills, experiences and understanding beyond the boundaries of text book curriculum. Looking forward to see what these students calculate. Could be a big bill Chris!!.





Cows Create Careers 2023

To launch our 2023 Year 7 Cows Create Careers (CCC) unit, we invited WestVic Dairy's Workforce Attraction Farm Engagement Lead, Samantha Andrews, into the classroom to outline potential opportunities, careers and pathways in the dairy industry. Sam explained that agriculture is central to our region with dairy being the biggest enterprise in South West Victoria. She described the many opportunities both inside and beyond the farmgate as both a lifetime career or as an interim job that taught numerous teambuilding skills with lots of potential for careers in STEM right across our industry. Students learnt that dairy farmers take advantage of innovative and sustainable measures to ensure the health and sustainability of their animals, farms, teams and businesses including cow collars, robotic dairies, genomics, sexed semen and recycling water to grow crops. Sam introduced us to Ella and Nellie, two girls who enjoy the flexibility that dairy offers as they work with her farm team after school and on holidays around their family, cricket and netball commitments. They help rear calves, drive tractors, milk and assist vets while gaining experience for early entry to study Agriculture at university and becoming a physiotherapist respectively. Students were challenged to nominate as many careers in dairy as possible with 7A producing the longest list! Sam left the students with dairy information packs and a much better understanding of the range of flexible careers in agriculture across our region. Thanks Sam!





Surf and Turf

Agronomist Adam Bell's invitation to speak to the Year 10 Maths class about statistics and careers was instigated by a Year 11 student who suggested that it would be good to link topics to potential career pathways. Adam initially explained that when he was young, he wanted to play guitar, surf and ride motorbikes but injuries from motorbikes curtailed his plans and he realized that he needed to take care of his body. Originally working as a young curator at the Peterborough Golf Course, he could combine his love of working outdoors with the occasional surf and soon curated other local golf courses. Adam obtained an Ag Science degree and now works as an agronomist for Living Turf whose clients range from big venues like HBA Stadium, AMI Park and the MCG to regional golf courses, race tracks, councils, farmers and commercial lawn areas. He outlined the various tools that he uses to collect different types of data for analysis and the use of trends to assess the benefits of assorted soil science programs or products to inform his clients' decision making. The importance of soil tests, live data and statistical data was stressed to help appraise decisions on the best product, grass, soil, fertilizer, application, drains, foundation, surface, chemical, or timing to ensure people can live or work on these surfaces safely. Adam also described how statistics are used in sports such as surfing or footy to improve performance or prevent injury. At the conclusion of the lesson, Adam took readings from our top oval obtained by the Turf Pogo pro to demonstrate the various forms of data that he uses on a daily basis. Real maths in action, thanks Adam!





TAPbuilt: A Community of Educators

Proudly we accepted the Primary Industries Education Foundation of Australia's (PIEFA) invitation to showcase the TAP for the third time in ten years at their "Growing the Nextgen of Food and Fibre Education" national conference in Canberra.

Pennie, Andrea and Nigel introduced the TAP model, "TAPbuilt: A Community of Educators" to educators, industry and government representatives during a hands on workshop as an example of "Successes and Innovation in Education".

After 2.5 big days of speakers, PD and workshops, and inspired and energised for even more TAP activities and community engagement across our P-12 campus, we will be focusing on new pathways, ideas and possibilities of further investigations potentially into agribusinesses, agritech, careers, beef, robotics, precision agriculture, livestock monitoring, poultry, SMART farms, viticulture, eggs and greenhouse monitoring, to enrich our curriculum offering.



Why Museli?

As our Year 9/10 AgHort students are investigating animal production systems, we asked Ben Boyd from Ridley Agriproducts to describe how farmers economically feed their animals to optimize animal health and production goals. Ben described his career path from a local dairy farm, to university whilst playing cricket in Melbourne and then working for Ridley's for the past 20 years formulating feed rations to enhance animals' health and production. Using chickens as an example, Ben described how chickens needed different feed requirements for every stage of their lives and compared the feed conversation ratios of chickens and pigs. As a ruminant specialist, Ben discussed the requirements of dairy cattle from heifers to lactating cows and the way their requirements changed according to their lactation curve. Ben and the students then worked through a ration sheet to determine a cow's diet with students providing input about a cow's size, daily production (milk volume, fat and protein) and the nutritional value of forages to calculate feedstuffs to meet a cow's needs. Students then made up a calf grain ration of canola, lupins, pellets and wheat with follow up activities to include a financial analysis of various feed types and diets.



Pillowcase Project 2023

To introduce our TAP into Natural Disasters - Bushfire unit for 2023 we invited Marg Draffen, Marg Moloney, Rosalie Meadows, Elaine Lock and Monique Hustler from the Australian Red Cross to lead our Year 5/6 students into the Pillowcase Project. In light of the 2018 St Patrick's Day fires in our region, we introduced the Project to help our students be even more fire ready and resilient when facing adversary. Marg and her team explained how the first Pillowcase Project was introduced into schools and communities by the American Red Cross after Cyclone Katrina to help students prepare for an emergency and build resilience when facing adversity. The volunteers discussed with students the importance of being prepared for any activity or event and they participated in a mindfulness session to prepare their minds for the thoughts and feelings that may arise before, during and after an emergency. Cards were distributed to challenge students to help them decide on the difference between a 'need' and a 'want' with groups of students deciding what they would need in an emergency. The students were given pillowcases to illustrate with things they would want to pack in an emergency with words used to record other things they may need in those circumstances. Situations where Red Cross volunteers were needed were considered and Monique desribed her role during deployments when communities faced floods, storms and bushfires. Following a recap of prepardness and mindfulness, three handcrafted Red Cross trauma bears were donated to the classes. Thanks ladies, it was a brilliant lesson!





Healthy Calves

The Year 7 Cows Create Careers (CCC) class welcomed veterinarian, Zoe Vogels, from Vogels Farms, into their classroom to help them understand calf health and nutrition as they prepare to host two calves at school for three weeks. The students learnt about common calf diseases and how to monitor their calves daily to identify sick calves by checking the calves' noses, eyes, ears, legs, bellies, tails, food and bedding. Zoe described how calves' stomachs develop, what healthy calves need; including clean water, a constant feeding regime, milk powder mixed at the right rate, fibre and pellets, good housing and the importance of hygiene in calf rearing. Students leant that a zoonosis is an animal disease that can be transmitted to humans and stressed the importance of washing hands, wearing 'calf clothes' and using gloves as Salmonella can exist in a calf's saliva for 30 days after an infection. We are very fortunate to have this expertise available to help us bring the Dairy Australia CCC competition to life to better help students understand the science behind rearing calves and how to turn a calf into a healthy cow.





The Five Freedoms, or "Chocolates anybody?"

The Year 9/10 AgHort class welcomed Dr Andrew Pegg, from The Vet Group, (TVG) into the classroom to learn about Australia's animal production industries; systems, animal health, welfare, freedoms, handling systems and biosecurity. He outlined his career path from a dairy in Elingamite where he knew he'd be a

vet when he was 5 years old, through to university and a position with TVG in Timboon. Andrew outlined the main food and fibre production industries in Australia and compared the pros and cons of Intensive Vs Extensive systems. A fox in the hen house game was used to demonstrate that issues can arise, regardless of the system. The 5 Freedoms were introduced and used to assess different enterprises including dairy, beef, sheep and poultry with industry specific problems discussed. Andrew stressed the importance of understanding animal behaviour and cited the work of animal behaviourist Temple Grandin in designing world recognized animal handling systems. Acknowledging the importance of biosecurity and the need to reduce the risk of disease transmission, we informed students that the wrapped chocolates they were rewarded with when they participated and answered questions had been sprinkled with detergent. Under a UV light the class could see how potential pathogens and diseases can spread through a population. Great session Andrew!





Curdies Stories field trip

To contextualize the Curdies Stories project for our Year 9 Humanities students, we undertook a field trip to the Curdies estuary at Peterborough to help our students get a sense of time and place as they prepare to record and publish the oral histories of people who live, work and relax in the Curdies River catchment area. Kate Leslie, from Heytesbury and District Landcare Network (HDLN), introduced the project by recalling the recent algal blooms, fish kills and stock deaths that lead to the formation of the Curdies River Catchment Alliance (CRCA) to advocate for the

health of the Curdies. The idea of collecting and recalling peoples' stories of the Curdies evolved and we invited Barb Mullen and Dean Drayton from CRCA and Gene Gardiner from Corangamite Catchment Management Authority (CCMA) to provide their perspectives of this vital waterway. Barb familiarized students with the Curdies River ecosystem, described the EPBC list (extinct, critically endangered, endangered and vulnerable) explaining that the Curdies estuary itself is on that list. She described the layers of water in the estuary; ecosystems in one big ecosystem, vulnerable species like the Yarra Pygmy Perch, platypus, local birdlife and the CASS soils around the estuary. Dean recalled stories from his childhood growing up on the Curdies near Timboon, the impact of land clearing on the Heytesbury settlement, subsequent revegetation efforts, and how wildlife like wallabies, the Powerful Owl, eagles, Black Fish and platypus interact with the waterways. Gene provided maps, data and photos that recorded the impact of land clearing, erosion, nutrient loading, flooding events and previous regenerative attempts like willow trees and then proposed solutions such as vegetive soaks, fencing off waterways, stopping new nutrients entering the system, selective land clearing with replanting or revegetation measures. He described the process of artifically opening the Curdies River mouth and the checks and balances that were in place to lesson impacts to the social, economic and environmental values of the estuary. Students were left with the realisation that the Curdies River catchment area is like the lungs of this sensitive ecosystem breathing life into the land around it. Equipped with a better understanding of the science of the Curdies catchment it will help us to better manage and protect this fragile bionetwork. Thanks Kate, Barb, Dean, Gene and Michelle, can't wait to read the stories the students collect!





CCC 2023 - Introducing Ivy and Buttercup

Our Year 7 students welcomed their calves, Ivy and Buttercup, to Timboon P-12 School for the next three weeks where the calves' health and growth will be monitored as part of their Cows Create Careers (CCC) project. The two Jersey calves are on loan from dairy farmer and ex-student, Peter Fulton, who provided pinechip as bedding and helped the students finalize setting up the calf pen. After the calves were introduced to their new home, Peter and Mrs Dennis outlined the roster and feeding regime required for the calves that included feeding calf meal, milk powder and hay and the importance of keeping the calves' bedding clean. Peter reinforced Zoe's messaging around a consistent feeding regime and demonstrated how to use a weigh band to record the calves' weight. We would like to acknowledge the support of our sponsors including Deanne and John from Jaydee Events who helped facilitate the donation of 2 bags of premium Milk Powder from Maxum Foods and a bag of Calf Meal from Reid Stockfeeds. Thanks also to Charlie and Ms Allan who prepared the calves' housing and pen.





Field trip to Mt Leura and Mt Noorat

To commence their studies of Natural Disasters and learn how volcanoes have impacted in our region, the Year 5/6 students undertook a field trip to climb Mt Leura and Mt Noorat. The day was facilitated by members of the Mt Leura Committee of Management and the Friends of Mt Leura who hosted students at the Mt Leura Information Centre. Graham Arkinstall explained that Mt Leura was part of large volcanic complex known as Leura Maar which was formed 10,000-40,000 years ago. He described the way the landscape had evolved over time from an inland ocean and that over 35,000 years ago megaflora disappeared from the volcanic plains due to reasons unknown. At Mt Noorat, students learnt about local author of "I can jump puddles", Alan Marshall, and they explored the crater and surrounds. From the crest of both Mt Leura and Mt Noorat students could observe the fertile soils that have contributed much to the agricultural enterprises in our region and compare different sorts of rocks, plants and land formations in the landscape.

Thanks Graham and Greg



Great Ocean Ducks

As part of their investigation of various animal production systems, our Year 9/10 AgHort students hosted Greg Clarke, and friends, from Great Ocean Ducks. The class were introduced to the uniqueness of the business by an article written for the Weekly Times by Greg as the 'Duckman' about the Clarkes' initial foray into this niche market. Despite their 40 acre allotment, Greg and Jodi had little experience in agriculture but knew that they wanted to be farmers, so they explored unique food staples, that weren't fads, but had a point of difference. Deciding on ducks, they secured markets for their product with respected chefs, set their own price and determined that the ducks would be pasture based and free range, but fed fruit, unlike their competition. Starting with 30 ducklings the business has now evolved with 1400 Aylesbury ducks on farm that are reared for 14 weeks with animal health and welfare a priority. Greg explained that this goal of rearing happy, free-range ducks that could eat grass, snails, worms, wheat, apples and strawberries whilst walking from the paddocks helps build flavour in the birds. The Clarkes have published the 'Just Duck' cookbook with recipes contributed by some of the chefs from top end restaurants who buy their produce. Students heard about the various cuts, cooking methods and the importance of value adding to an already quality product with the inclusion of duck ham, salami and charcuterie into the product range. The class was then introduced to two of Greg's ducks and two lucky class members were gifted copies of the 'Just Duck' book. A wonderful example of thinking outside the square and a local, innovative agribusiness. Thanks Greg!





Ash Wednesday 1983 vs St Patrick's Day fires 2018

Introducing our Bushfire theme within the Natural Disasters unit, the Year 5/6 students welcomed CFA volunteers to describe and contrast the fatal 1983 Ash Wednesday fires and the 2018 St Patrick's Day fires to improve their bushfire awareness. John Mahony (Allansford CFA) and Kelvin Boyle (Naringal CFA) outlined the weather conditions, point of origin, firefighting procedures, wind change and fatal consequences that they experienced during the Ash Wednesday fires. They described the way the community rallied after the event to support those impacted and the improvements that were made to fire trucks, firefighting uniforms, communications and warning systems. The current Year 5/6 students learnt that the 2017 Year 5/6 student cohort then made-up fire evacuation plans with their families, produced posters and introduced bushfire awareness to their peers at TAP's On! 2017 with the Timboon CFA. Katy Millard and Clyde Bassett (Timboon CFA) recalled climatic conditions lead to the 2018 St Patrick's Day fires in our region only 4 months later. They described the causes, use of the Vic Emergency App, the role of the CFA and the community response to the natural disaster which included community meetings, informal BBQs, Blazeaid volunteers, donations of food, clothing and money. Students had the opportunity to try on the firefighting gear, examine scrapbooks and newspaper articles describing the events and trial the Mount Warrnambool fire tower map and the fire access drill kit. These students will be tasked to develop a fire and evacuation plan with their parents and have already created pillowcases as part of the Red Cross Pillowcase Project in readiness for the 2023 fire season.





Timboon Sporting Centre **Gym Opening Hours**

Monday to Friday 4-8pm Monday, Tuesday and Wednesday 9am – 12pm



CANTEEN

We welcome you to our Caf for 2023.

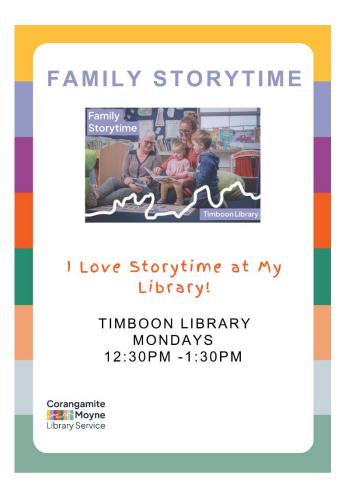
Please encourage family and friends to join us at the Caf.
Even once a term is greatly appreciated.
Please contact Cheryl and join our team.



Our Breakfast Club was fortunate to receive a grant which was used to purchase a conveyor toaster. It is a great help on breakfast club mornings with toasting the amazing Terang Country Bakery bread for all our students to enjoy.

TERM 2 Roster

WEEK 6 May - June		
Mon 29 th	Natasha Johnson	
Tues 30 th	Annette Godber	
Wed 31 st	Ingrid Rial	
Thurs 1st	Taya McLeish Kate Makin	
Fri 2 nd	Holly Bell Anna Stephens	
	1:15pm – 2:30pm Bree Jones	
WEEK 7 June		
Mon 5 th	Volunteer Required	
Tues 6 th	Rhonda Bickell	
Wed 7 th	Andra Howman	
Thurs 8 th	Olivia Tutungi Tania Delaney	
	1:15pm – 2:30pm Samantha Mitchell	
Fri 9 th	REPORT WRITING DAY	
WEEK 8 June		
Mon 12 th	KINGS BIRTHDAY	
Tues 13 th	Linda Whiting	
Wed 14 th	Tara Snijders	
Thurs 15 th	Tanya Campbell	
Fri 16 th	Susan Van Rijthoven Sheryn Vogels	
	1:15pm – 2:30pm	
	Volunteer Required	
WEEK 9 June		
Mon 19 th	Volunteer Required	
Tues 20 th	Talia Blain	
Wed 21st	Bryan Ward	
wed 21st		
Thurs 22 nd	Nichole Burvill	
	Nichole Burvill Jenny Trigg Tanya Delaney	
Thurs 22 nd		







Baby Time at The Timboon Library is a non-hosted event that provides babies and their carers a pressure free space to socialise, read, play, and enjoy Library services.

Afternoon tea is available.

Timboon Library Wark street 5598 3394





Stay well this Winter.

Symptoms of influenza (flu) can hit very quickly and may last several weeks. Vaccination is the best way to protect yourself and others from getting the flu.

Annual influenza vaccination is recommended from mid-April each year and is free under the National Immunisation Program for those at higher risk of complications from the flu.

Keeping our school community well

Parents, carers and students are encouraged to practice prevention measures, including:

- · washing and sanitising hands regularly
- avoiding touching eyes, nose and mouth with unwashed hands
- covering nose and mouth when coughing or sneezing · staying home if unwell and consulting a general practitioner (GP) or Nurse-on-call as required
- staying up to date with flu and COVID-19 vaccinations.

Flu vaccinations

Flu vaccinations can be booked through GPs and pharmacies, many of which can also provide COVID-19 vaccinations. Flu vaccination is recommended for everyone aged 6 months and over.

Some people are more at risk of complications from flu and are eligible for free vaccination as part of the National Immunisation Program.

COVID-19 booster

The 2023 COVID-19 booster dose is available for everyone aged 18 and above.

Getting your booster dose remains the best way to prevent severe illness or hospitalisation, especially in people aged over 65 and those at higher risk of severe illness.

You can have your booster dose 6 months after your last dose or COVID infection.

Children aged between 5 and 17 years who are at risk of severe illness can also receive a 2023 booster dose. You can get your next dose at your local pharmacy or GP. To find one near you, refer to the vaccine clinic finder.

Find out more

For more information about preventing flu, and immunisation, refer to:

- Better Health Channel influenza flu immunisation fact sheet.
- Getting vaccinated against influenza.