PRINCIPAL’S REPORT

- Lowes is the new official supplier of our school uniform. To purchase school uniform you will be able to; visit Lowes’ online uniform shop at https://www.lowes.com.au/ and go to the schools online section or visit their store at Gateway Plaza. We will be stocking a sample size at the school in the near future. Lowes will be here to explain the service that they offer in the near future. Today they have a 20% sale on school uniforms.
- Lowes are currently adding new stock to our section of the store as it arrives and hope to have a full range of items shortly. We will send the price list home with each student once they come back from the printers.
- Our building project tender documents are just about to go out to the three architect/project management groups we have agreed to interview. It is nice to be able to report that we have reached this stage of the process.
- I have been part of the team working on the Corangamite Trade Training project since 2009. It has now been announced that this project will go ahead. For our school it means an upgrade to the Home Economics Centre and Metal Work Shed.
- For our students it means easier and better access to VET training in hospitality, engineering, building, electro technology, community services, hairdressing/beauty and agriculture.
- The TTC process has been years of hard work involving a great deal of discussion and compromise. I am very happy with the end result and look forward to supporting this program as we go into the implementation phase.
- Don’t forget to come to the TSPA Art Auction on the 24th starting at 7:00p.m. It will be a fantastic night.

If you have any concerns or issues that you wish to discuss with me please feel free to give me a call at school (55983381) or on (0407345324)

ROSALIE MOORFIELD
PRINCIPAL

Congratulations to: Olivia Bedggood who has been selected to join the the North Ballarat Rebels’ youth girls’ state academy, to the students who have been nominated for a Corangamite Youth Award, to the 7-12 students (Adam Doak, Jordon Fowler, Charlie Trotter, Shanaye Smith, Lilly Hose, Ben Berry) who competed at the Greater Western Regional Athletics competition held in Ballarat last Friday, to the Clay Target Shoot team who competed at Allansford this week.

CALENDAR
October
- 16th: Immunisation
- 17th: 3-6 Regional Aths Ballarat
- 22nd-24th: Year 11 Outdoor Ed Canoeing
- 23rd: Year 12 Final Assembly
- 23rd: Spelling Comp Warn. 7pm
- 23rd: Year 5 Bike Ed Challenge
- 24th: Magical Mystery Tour Yr 12’s
- 24th: TSPA ART AUCTION

A note from the Finance Manager:
On September 4th a direct deposit was made into the school account without any family name as an identifier – the only identifier was “SCHOOL FEES”. Please contact Nicki ASAP to rectify this – Thank you

TIMBOON SCHOOL CAFETERIA AND A AND B BUILDING ARE PEANUT AND TREE NUT FREE ZONES

ASSISTANT PRINCIPAL REPORTS

Key dates:
- Year 12 Final Assembly - Thursday 23rd October (12:00pm), followed by light refreshments for family & students
- Year 12 exams - Wednesday the 29th October-Friday 14th November
- Year 12 Celebration dinner (formal) - 14th November
- Year 11 exams - 10th November - 14th November
- Year 12 2014 Orientation -18th November-29th November
- Year 8 Camp - 10th - 12th December
- Year 7 2015 Transition 9th & 10th December
Sleep strategies for the whole family

These expert tips from Associate Professor Harriet Hiscock, pediatrician and sleep researcher, are great for managing common sleeping speed bumps or simply getting the family into the swing of a great night’s sleep.

Golden rules for kids’ sleep

- Establish a bedtime routine - so they know what to expect and have time to wind down.
- Keep bedtime consistent (within 30 mins), even on the weekends - big variations can disrupt their body clock and undo all your good work.
- Make sure they fall asleep in their bed - snoozing off on the couch or in front of the TV can affect their routine and make them less likely to want to sleep alone.
- Remove all TVs, computers and mobile devices from their bedroom - the light stimulation alone will make it harder for them to settle down.
- Avoid caffeinated foods and drinks after 3pm - caffeine is a stimulant which is likely to keep young bodies awake.
- Have a wind-down period yourself - show kids that a bedtime routine is important for the whole family.

When your child won’t stay in bed

- Limit the number of times they can come out of the bedroom (one or two times works well).
- Reward them for complying with the rules (eg a stamp or sticker in the morning).
- If they keep coming out, take them back to their room with minimal fuss or arguments.

When your child won’t fall asleep alone

- Identify who (eg mum or dad) or what (eg music) they need in order to fall asleep and return to sleep if they wake in the night.
- If it’s you, slowly withdraw from the bedroom in stages (also known as ‘camping out’).
- If it’s something else (such as music), gradually reduce the amount of time the child spends with it before going to sleep.

Looking after yourself

- Go to bed soon after your child - if your child wakes often in the night, you may be up again shortly after you turn in.
- Follow good sleep hygiene rules - ie limit media use in the bedroom and have time to wind down.
- Limit your consumption of caffeine and alcohol before bedtime - they can lead to poor sleep.

- Do some stress-busting - try things like relaxation, yoga, and mindfulness meditation as often as you can.

SAVE THE DATE!!!!
TAP’s On!, Thursday 20th November.
Invites will arrive home shortly

And remember: “He that would be a leader must also be a bridge”. - Welsh Proverb

SEAN FITZPATRICK
ASSISTANT PRINCIPAL (7-12)

Our wonderful new tables have finally arrived for students to use under the shade area between A and B wings. Thanks to: TSPA for their support in purchasing one of the three tables and to Colin Moorfield who put them together from the tricky flat pack.

Our students are busily preparing for “Jump Rope For Heart-Jump off Day” on 31st of October. Some of the skills and trick they can do are quite amazing. Likewise students in our ‘Bike Ed Challenge Team’ have been working on their riding skills and are ready to impress the judges next Thursday in Colac.

ANDREA TAYLOR
ASSISTANT PRINCIPAL (P-6)

Vet Music has been studied at Timboon P12 School for 10 years now and we were one of the first schools in rural Victoria to offer Certificate 3 in Music, a Music Industry recognised standard. As a small and isolated rural school we have continually punched above our weight in Music. We have had a very successful 10 years of VET music with many students continuing on with music and playing in the local community and wider with many doing well on a national and international level.

Over the years we have had multiple winners of the Young Performer competition at the Apollo Bay Music Festival and also winners of the Young Songwriters competition. They have continued on with their bands and won National Tertiary band competitions and our ex-students have featured highly on Triple
j’s unearthed competition with airplay on Triple j. They are involved in organising music festivals and touring overseas with their very successful bands.

Our course provides students with the practical skills and knowledge to perform and compose music. It is a course that leads the way in today’s technology driven music industry with an emphasis on modern and accessible technology. VET Music is a practical, skills-based approach to learning music and technical production and recording. The students learn how to create great live sounds for bands, theatre productions and events. They learn how to set up, record and mix multi track productions and use modern technology such as iPads to record with multiple Digital Audio Workstation software platforms such as garage band and protocols and most importantly they have the room and the quality equipment to refine their performance skills as musicians.

For the students to succeed they need access to up to date, quality equipment to give them an industry standard experience.

This would not be possible without the generosity of members of the community. There have been some very generous donations. With good equipment, time and guidance from Music Industry veterans like Graeme Galbraith and Luke Spaul, our students are well equipped to enter the world of professional musicians.

Very few schools have an integrated music program from Years 5-12 concentrating on contemporary music and performance. Our holistic music course which provides the chance for students to play rock music to large audiences from Years 5 to 12 is unique in its application and is recognised as a leader in music education. Whenever I go to meetings with music teachers from other schools, including very large private schools they are amazed at the scope and quality of our program. One of the benefits of being a P-12 School is the chance to continue playing in a band throughout your school years. By the time some of our bands reach Year 12 they have been together longer than some very successful international bands. That is one of the reasons that our senior bands are so professional in their performances. I am very proud of our musicians and one of the reasons that our senior bands are so professional in their performances. I am very proud of our musicians and one of the reasons that our senior bands are so professional in their performances.

IMPORTANT DATES - Year 11

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Friday 31 October</td>
<td>Deakin University Discover day</td>
</tr>
<tr>
<td>10 – 14 November</td>
<td>Year 11 exam week</td>
</tr>
<tr>
<td>17 – 28 November</td>
<td>Year 12 head start classes</td>
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Year 10: Beyond School - Achievement folders

Students are currently writing job application letters, compiling and updating resumes and researching in preparation for the Student Interviews (Mock Interviews) on October 29th. This is in an integral part of “Beyond School” curriculum, with students gaining valuable experience and feedback from a range of employers. The success of this program is largely due to the support of our local community and employers. Students are also encouraged to compile an Achievement Folder – a collection of documents, certificates and even photos which showcase their achievements in and out of school over the last few years. Parents are encouraged to assist their Year 10 child to locate things they may include – if in doubt, students can check with their teacher.

JULIE NICHOLSON

World Vision 40 Hour Famine

The final amount raised by students at our school for this year’s 40 hour famine was $3500. A huge thanks to everyone who participated.

Many of our students raised over $50; Lola, Toni, Molly, Eve and Maddi raised over $100; Jade raised over $200 and Chris, Lachy, and Kate put in a great effort to raise more than $260 each. Also a special thanks to the Year 10 group who helped organise the 40 hour famine: Kate, Maddie, Rob, Matthew, Taylah, Ahliya, Shanae, Teagan, Rebecca, Eve and Darcy

Thank-you, Anne Frazer SRC Co-ordinator

CANTEEN ROSTER

WEEK 3 (20th - 24th October)

| Mon 20th | Melinda Drysdale                          |
| Tues 21st | Charlene Payne                            |
| Wed 22nd  | Sharon Ferguson Carissa Bosuen            |
| Thurs 23rd | Naomi Lewis Crystal Johnson               |
| Fri 24th  | Jodie Couch Kylie Martin                  |

(12:00 – 2:00pm Monique Fitzpatrick)

WEEK 4 (27th - 31st October)

| Mon 27th  | Michelle Fowler Melissa Cardwell          |
| Tues 28th | Kate Makin                                |
| Wed 29th  | Angelique Cangelis Volunteer Required     |
| Thurs 30th | Anne Rosolin Steph Delaney               |
| Fri 31st  | Tanya Delaney Bronwyn Lenehan             |

(12:00 – 2:00pm Volunteer Required)

CAFÉ NEWS

Wedges are now off the menu until next Winter.
Turkish Bread is now available with salad – toasted or plain.
Timboon Strawberries are back!
$3.30 per punnet
$2.50 per cup
INTERESTED IN LOGISTICS? Ever wondered how your clothes make it to the store or how the food you eat gets from the farm to you fork? Logistics involves the integration of information, transport and handling of these materials to meet customers' needs. There is a vast array of career opportunities in logistics, from entry level to senior management. The Victorian Transport Association is again offering traineeships in logistics in 2015. This is a two-year program which has young people employed full time with Transport and Logistics companies while they study a Cert IV in Logistics and a Diploma of Logistics. For more information: call Leni on 9646 8590, visit www.vta.com.au or email cadetship@vta.com.au.

DEFENCE FORCE CHAT — Army, navy and air force are hosting an Australian Defence Force Academy (ADFA) Facebook chat at 6.30pm, Thursday 23 October. The link to the chat page is: http://www.facebook.com/events/1485699831716414/.

ADVICE FOR PARENTS AND STUDENTS ABOUT STUDYING VCE - A range of valuable videos are now available on the Monash Youtube channel, offering tips and advice from students and parents who have survived VCE. Find out what they have to say. www.youtube.com/VPBlueTube.

PRE-APPRENTICESHIPS — A POSITIVE MOVE — A pre-apprenticeship is a positive move towards securing an apprenticeship. Many employers require potential employees to have completed a pre-apprenticeship prior to applying for an apprenticeship. On completion of a pre-apprenticeship, a student receives a nationally recognised qualification — this attracts the attention of employers and can potentially reduce the time of an apprenticeship. Please see Mr. Deppeler if you are interested in a Pre-apprenticeship course.

DID YOU KNOW? Many TAFE’s have articulation arrangements with universities. Eg after completing the Box Hill Institute’s Advanced Dip. of Engineering Technology, students will receive...
18 months credit and can enrol into the fourth semester of the Bachelor of Mechanical Engineering at Deakin University. Similar arrangements apply to many other TAFE diplomas.

SWTAFE APPLICATIONS – Please be aware that SWTAFE and many other TAFE Institutions enrolments are not going through VTAC this year, they are by direct application to the Institution. Please double check the application closing dates because they can vary. Also if posting applications consider sending the application by registered mail to ensure that you have proof that it was posted and of the date that it was posted.

Drew Deppeler 55983381

Deb Ball 2015
A meeting will be held for all students participating in the Deb Ball next year.
When: Wednesday, 22nd October at lunchtime (1:20 PM)
Where: The Timboon School Hall
All Debs and partners must attend as important decisions about suits and themes will be made.
Parents are most welcome.

Camembert for Christmas:
Would you like homemade camembert cheese for Christmas? Would you like to learn how to make cheese?
Timboon P-12 is offering a camembert cheese making course for parents and community members. The course will be run by Nigel Mottram who will be assisted by Year 8 students.
When: Thursday 6th November or Friday 14th November.
Where: Timboon P-12 Kitchen.
What Time: 9:00am start with expected finish at 2:00pm
How much: $100 per person.
What’s included:
- Morning tea (camembert tasting).
- Gourmet Lunch.
- Cheese making instructions.
- All necessary ingredients on the day.
- Cheese maturation container.
- Digital thermometer.
- pH test paper.
- Cheese wrapping paper.
- And three large camembert cheeses to take home that will be matured by Christmas.

Please book through the school – 5598 3381
Payment required by Friday 24th October to the school general office.

NIGEL MOTTRAM

Save the date
31st October
Halloween Disco at
Timboon Scout Hall
Prep – grade 4
$10

SECOND-HAND UNIFORM SALE
The next second-hand uniform sale will be held on Friday, 7th November (1:00-1:50pm in the SEU building.) For enquiries please call Katrina, 5598 3443.

PARENT CLUB NEWS

TSPA MINI MINUTES

ARTSHOW/AUCTION: Friday 24th October, Timboon Golf Club, time 7pm open for viewing, 8.15pm auction start. Also, on Saturday 25th October, between 10-3pm, to give people a second chance at buying the art not sold. (There is the chance that there won’t be any). The Primary art canvases (amazing) will now be for sale at $15 on the night, if not sold then displayed at the school. There will be raffle tickets for sale in the main street this week and next. Please look out for our display. They will be $1 per ticket. They are also for sale on the night. There will be an impressive array of prizes to be won, and art to be auctioned. ☺

DEB BALL 2015: The debs are getting ideas for theme and colour together and are meeting with some of the parents on the 22nd of October to check out suits, at the school. We will have a short meeting that night at 7.30pm at the school admin to cover what they have decided to do. The rest of the commitment money is required ASAP, to know the numbers. We thank the parents who have taken up duty folders to help make this event run smoothly.

TAP’S On!: Thursday 20th November. We will provide the BBQ lunch for this day and the café will be selling the slices and cakes. Helpers welcome.

ELECTION DAY BBQ: Saturday, 29th November. We will be running a BBQ and are able to have a produce stall as well, which can include fresh veg and fruit and cooked items. All cooked items must be labelled with ingredient list and use by date. Donations welcome and can be left at the office Friday, if it’s suitably wrapped.

Next Meeting: Wednesday 12th November, at 11am at the Timboon library. All welcome.

Anne Rosolin (secretary) mob 0409029464 or tspa@live.com.au
FOR SALE

4 x Outdoor spot lights in good working order. Best offer
PHONE: 5598 3508
WANTED TO BUY – Old trough, concrete or plastic
PHONE 0409 565 544

AGISTMENT WANTED
Looking for agistment for small pony in Timboon or surrounds.
Contact 0409 384 064

FLAT TO RENT in Timboon – one bedroom fully furnished
excellent condition for long term, short term or overnight.
PHONE: 5598 3864 or 0407 044 889

Junior Cricket at Timboon
Girls and Boys between the ages of 9 and 16 years are encouraged to come along and learn how to play cricket!
Structured drills with a game to follow, no experience necessary
- no fees - no obligation.
When: Thursdays after school to 5.30pm
Where: Timboon Rec Reserve.
Starting the first Thursday back after the holidays.
Formal Under 13 and Under 16 matches in South West Cricket Association for those interested.
If you have any queries please contact Travis Brown on 0428 124 312

Jean Wood Memorial - Music Scholarship 2014
Junior Prize - $250 (Year 6 and under)
Senior Prize - $600 (Years 7 -12)
Conditions of Entry
You have played an instrument, including voice, for two years or more
You are 18 years and under as of December 31 2014.
You reside in or go to school in the districts of Terang, Mortlake, Camperdown and Timboon
Individuals or Groups of up to 3 members may apply
Audition Date – Saturday 18 October 2014
Venue – Terang Civic Hall
Closing Date – Monday, 13 October
For an Entry Form - Tel: 5592 1989
Find us on Facebook.

Dodgeball

DO YOU WANT TO PLAY A FAST AND FUN GAME OF DODGEBALL AGAINST YOUR FRIENDS? TIMBOON SPORTING COMPLEX IS RUNNING A NEW PROGRAM WHICH ALLOWS YOU TO HAVE A GOOD TIME. TUESDAYS AFTER SCHOOL STARTING ON THE 14TH OF OCTOBER.

ALL YOU NEED TO DO IS REGISTER AND WE WILL PUT YOU IN TEAMS SO YOU CAN ENJOY AND HAVE A COMPETITIVE GAME OF DODGEBALL.
COST $4.00 A GAME

Enquiries - Ring the Timboon Stadium on 5598 3445 or Kate 0437395690

TIMBOON BASKETBALL ASSOCIATION
SENIOR SUMMER SEASON
COMMENCES ON MONDAY 27TH OCTOBER
Team entries are now being taken for:
A grade men
B grade men
Women
Team entries must be received by Wednesday 22nd October
To register call 0428 124 437 or the Timboon Stadium on 55983445
South West Mandarin Chinese Language School

官官话话

Classes for children 5pm – 6pm
Classes for adults 7pm – 8.30pm
Every Thursday @ Timboon Library

Further details:
Joshua Petering 0456 562052
Tanya White 0417 434400
Carolyn Woods 0448 986146

You are warmly invited to a Celebratory Morning Tea
Sunday November 30, 2014 at 10am
for the 150th anniversary of Cudgee Primary School

Please RSVP to the school by November 19th

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Sunday November 30, 2014 at 10am
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Please RSVP to the school by November 19th

Cudgee Primary School invites families to find out more about our school community, by calling to arrange a school tour or coming along to annual school events:
Cudgee Primary School Night Market (Fri 28 November 5 – 8pm)
Cudgee Primary School Concert (Tue 9 December 6pm).

Fiona Selway (Principal) and Matt Dodson (Classroom Teacher)
Cudgee Primary School
3 Hallowells Rd, Cudgee 3265
p: 55676346 m:0438659095 e: cudgee.ps@edumail.vic.gov.au
www.cudgeeps.vic.edu.au

Camperdown Little Athletics Centre

Family. Fun and Fitness!
Little Athletics is back again for 2014-15
For all Girls and Boys, 5 to 16 years of age.
Registration pack collection and Parent information night
Friday 10th October, 4pm.
Competition commences Friday 17th October, 4.20pm
Venue: Aths Track, Fuller/Frederick St (behind Basketball Stadium)
Please register online at www.lavic.com.au and click on McDonalds Registration logo
(Cost $120 for entire 14/15 season)
For additional information, contact
Mick Kavenagh (Pres.) 0407353923 or Kathy Hallyburton (Registrar) 0419671300
Wednesday – Tennis  
Friday – Ultimate Frisbee (new activity)

1st session will be Wed 15th October with the last session on Fri 28th November.
Children will meet at the library steps on the way to the buses to meet instructor
Pick up in the school hall at 4.45pm.

To participate please return the form below to the school office.

If you have any questions regarding after school don’t hesitate to contact us at
Camp Cooriemungle on 5598 7254 or 0409 019 342

ACTIVE AFTER SCHOOL

Childs Name ____________________
Class _________________________
Allergy/Medical Conditions ____________________________
Parents Name ________________________
Contact No _______________________

Emergency Contact no.

_________________________________

Please circle the day your child will be attending the program.

Wednesday – Tennis

Friday – Ultimate Frisbee (new activity)