1.0 PURPOSE OF POLICY
   1.1 To promote an understanding of physical activity and movement, food and nutrition, health, safety, human development and human relations.

2.0 PRINCIPLES
   2.1 Education in the Health and Physical Education areas should assist students:
      • to develop skills and knowledge to maximise their physical, mental, emotional and social well being;
      • to consider the rights, beliefs and needs of others;
      • to develop interpersonal skills to co-operate with other people;
      • to understand the importance of personal contribution to one's community;
      • to develop competence and confidence.

3.0 HOW THIS POLICY WILL BE PUT INTO PRACTICE
   3.1 The school will offer a broad evolving curriculum encompassing the domains of the Health and Physical Education
   3.2 In developing programs teachers will be conscious of the learning outcomes as stated in the Curriculum documentation and Victorian Curriculum Guidelines
   3.3 Active participation and personal experience will be encouraged.
   3.4 Teachers will use a variety of teaching strategies and learning activities.
   3.5 Specific time-table arrangements will be put in place to support the meeting of mandatory PE & Sport times from years 5-10

This policy was reviewed June 2016 Approved Nov 2016