

1.0 PURPOSE OF POLICY

- 1.1 To promote an understanding of physical activity and movement, food and nutrition, health, safety, human development and human relations.

2.0 PRINCIPLES

- 2.1 Education in the Health and Physical Education areas should assist students:
- to develop skills and knowledge to maximise their physical, mental, emotional and social well being;
 - to consider the rights, beliefs and needs of others;
 - to develop interpersonal skills to co-operate with other people;
 - to understand the importance of personal contribution to one's community;
 - to develop competence and confidence.

3.0 HOW THIS POLICY WILL BE PUT INTO PRACTICE

- 3.1 The school will offer a broad evolving curriculum encompassing the domains of the Health and Physical Education
- 3.2 In developing programs teachers will be conscious of the learning outcomes as stated in the Curriculum documentation and Victorian Curriculum Guidelines
- 3.3 Active participation and personal experience will be encouraged.
- 3.4 Teachers will use a variety of teaching strategies and learning activities.
- 3.5 Specific time-table arrangements will be put in place to support the meeting of mandatory PE & Sport times from years 5-10