PRINCIPAL’S REPORT

- Week three of term three has been a very busy week with our senior girls winning the HSSSD basketball competition and moving onto the next round to be held at Ballarat. The Year 6 students won their debate at the Warrnambool Eisteddfod. The Year 11 Chemistry team ranked 2nd in the RACI 2015 Victorian Titration competition out of 252 schools.

- Our thoughts are with the Picasso cow team today as they head off to Geelong for the judging of their project work and beautifully painted cow. Thank you to Mrs Berry and her support team for taking up the opportunity to be part of this initiative, the students have really enjoyed this opportunity.

- We have a lot of inter school sports activities and excursions planned for this term. If you hold a health care card we can organise some financial assistance. Please contact the school.

- I would just like to commend parents on their support for the school uniform policy. Each morning I watch the students get off the bus and the number of students not in full school uniform is very small. We understand when a jumper is in the wash or lost or shoes are in for repair or replacement. Just send your child with a note and they will not be challenged for being out of uniform.

- If you have any concerns or issues that you wish to discuss with me please feel free to give me a call at school (55983381) or on (0407345324)

ROSALIE MOORFIELD
PRINCIPAL

Congratulations to: Aaron Weller, Ahliya Harris and Darcy Tribe who were part of the successful Year 11 Chemistry team

Congratulations to: Emily Morden, Caprice Baillie, Madi Clarke and Faith Younger who were the winning Year 6 Debating team.

Congratulations to: Sullivan Wallace who received a second place for his entry in the Corangamite Shire, Anzac Commemorative Naming Project Competition.

ASSISTANT PRINCIPAL REPORTS

Important Dates:

- VCE/VET information evening (All students and parents- Year 10 & 11), Wednesday 12th August 7pm, School Library.

- Year 7-12 Parent Teacher interviews- Thursday 20th August, 9:00am-3:30pm.

KidsMatter Day -

Wednesday 2nd September

We believe a Kidsmatter Day strengthens our School Kidsmatter journey and our whole school approach to raising awareness of good health & wellbeing. Students will again workshop through a range of health and wellbeing activities on Wednesday 2nd September. Some of these workshops/activities include:

A Relay for Life walk on the oval (for all school community members), Power to Persist (Building resilience and leadership), Spin Chat (understanding people with disabilities), Bush Dancing, Timboon Healthcare, Cyberbullying, drug & alcohol education, self-defence, and much much more.

Book it in your calendar!

Last week I provided a some thoughts on having higher aspirations and discussing these with your children, this week I will focus on - What Is Motivation?
What is motivation? It is the inner power that pushes you toward taking action and toward achievement. Motivation is powered by desire and ambition, and therefore, if they are absent, motivation is absent too.

Sometimes, you might have the desire to get something done, or to achieve a certain goal, but if the desire and ambition are not strong enough, you lack the push, the initiative, and the willingness to take the necessary action. In these cases, you lack of motivation and inner drive.

When there is motivation, there is initiative and direction, courage, energy, and the persistence to follow your goals.

A motivated person takes action and does whatever it needs to achieve his or her goals.

Motivation becomes strong, when you have a vision, a clear mental image of what you want to achieve, and also a strong desire to manifest it. In such a situation, motivation awakens inner strength and power, and pushes you forward, toward making your vision a reality.

Motivation can be applied to every action and goal. There can be motivation to study a foreign language, to get good grades at school, bake a cake, write a poem, take a walk every day, make more money, get a better job, buy a new house, own a business, or become a writer, a doctor or a lawyer.

Motivation is present, whenever there is a clear vision, precise knowledge of what you want to do, a strong desire, and faith in your abilities. **Motivation is one of the most important keys to success.** When there is lack of motivation, you either get no results, or only mediocre ones, whereas, when there is motivation, you attain greater and better results and achievements.

Compare a student who lacks motivation and who hardly studies, to a student who is highly motivated, and who devotes many hours to his studies. Each student will get absolutely different grades.

Lack of motivation means lack of enthusiasm, zest and ambition, whereas the possession of motivation is a sign of strong desire, energy and enthusiasm, and the willingness to do whatever it takes to achieve what one sets out to do.

A motivated person is a happier person, more energetic, and sees the positive end result in his or her mind.

**My question to you is:** Have you asked your children, what motivates them?

Last week our Year 8 students participated in a very successful cheese making workshop ‘Camembert in the Classroom’. Today a group of primary students are heading down to Geelong to showcase their Picasso Cow. Our 7B science students used the still to distil some eucalyptus oil. The distillation process demonstrated the concepts of vaporisation and condensation. The next step is for the students to separate the oil from the distillate. As part of their Year 7 maths studies students learn about the maths that is required to run a sheep business investigating things like income/expenditure, drench dosage rates, ratios, percentage & fraction calculations, interpreting data & tables. Cameron McKenzie was invited into the classroom to help contextualize their learning & explained about his sheep enterprise in Peterborough & was able to answer the many queries students had about running a sheep operation.

**Check out the school TAP Blog!**
http://timboonagproject.weebly.com/tap-blog

**Get Warm for Winter!!!!** New warm practical school uniform items now available at Lowes including winter jacket, school beanie and scarf

**And remember:**

**SEAN FITZPATRICK**
**ASSISTANT PRINCIPAL (7-12)**
YEAR 12 VCE INFORMATION NIGHT.
Thank you to the students and parents who attended the information evening last week – we shared ‘truckloads’ of information – certainly lots to start thinking about. Please feel free to contact Mr Deppeler or Mrs Nicholson if you have concerns, questions or just need a bit of help in getting your head around the processes.

Deakin University: Warrnambool campus
Open day August 2nd
VISIT THEIR WEBSITE TO CHECK OUT WHAT IS ON OFFER
http://openday.deakin.edu.au/

DEBATING NEWS
On Monday, 27th July, four Year 6 students represented the school in the debating section of the Warrnambool Eisteddfod. Caprice Baillie, Madi Clarke, Emily Morden and Faith Younger are to be congratulated on their developing skills as public speakers. They were the affirmative team for the debate, arguing that ‘Social media does more good than harm’. Hours of hard work paid off, with them winning the debate. Many thanks go to Terry O’Connor who has supported and coached the debating teams for many years now. Well done team and super coach!

Warrnambool Division Winter Sport Competition at Warrnambool
After winning every game at our local interschool Soccer competition, our Grade 5/6 team qualified to play at the division sports last Thursday. Despite most players being new to the sport, our team played well and had a very enjoyable day out. Our students were enthusiastic, displayed great team work and good sportsmanship. It was wonderful to see so many parents come along to support our team. A big thank you to Tony Francis, who gave up his time and expertise to coach our team. Julia McMeel

For those of you inspired by our soccer successes, Tony also coaches our local soccer team and conducts training at Scotts Creek Reserve every Tuesday night and all are welcome. (starts at 5.30)
$20 Boss
Currently we are running a Year 7/8 Elective called $20 Boss. This unit provides students with $20 to start up a small business which they run over a period of around 4 weeks. This programme is operated by the NAB and the Foundation for Young Australians. They have a strict curriculum and conditions under which we operate. One of those is that before students can receive the money or participate in planning and operating a business a consent form must be signed. These need to be provided to the organising body.

Forms were given out on Friday the 17th of July, however, only a very small number have been returned. If they are not returned by this Friday we may have to look at students completing an alternative programme.

If your son/daughter has lost their form spares are available at the office.

I appreciate your support in ensuring their speedy return.

CAROLYN WAKEFIELD

EQUESTRIAN NEWS

Warrnambool Interschool Equestrian Championships
Sunday 13th September 2015
Horse trials grades 1 – 5
Combined training grade 5
Including “Best performed retired thoroughbred racehorse.”
Entries close Monday 7th September, 2015 at www.warrnambool.ponyclub.vic.org.au or see Cheryl at the Caf.

LUNCH TIME ACTIVITY GROUP
Year 6 ... for some winter fun, Ms Hegarty is running a lunch time activity group. Learn some basics of crochet and knitting for a few weeks, then do some block printing on a tea towel or cushion cover! Or continue with crochet and knitting! If you already know how to work with wool, come along and help teach someone else. Donations of unwanted wool, crochet hooks, knitting needles are very welcome and could be left at the Primary School Art Room. We hope to make something for ourselves and something for charity. I have in mind the AIDS Orphans in South Africa. A knitted or crocheted 20cm square is easy to make and these can be sent to KasCare where they are sewn into baby blankets.

Ms Ann Hegarty

Magazines
Cleaning out your cupboards? The secondary art, graphics and textiles faculties would appreciate donations of unwanted magazines, particularly fashion and home style ones. These can be left at the general office. Thank you.

Ms Ann Hegarty

Warrnambool Excursion
I’m organising an excursion to Spotlight and Lincraft in Warrnambool this term for the Year 9/10 Textiles group. The aim of this activity is to observe and collect a range of fabric samples and embellishments suitable for student projects and we will have a short talk and tour at Spotlight. In lieu of getting a bus, I thought I would ask if there are any interested parents who would like to transport us. Comprehensive car insurance is a must. A benefit of coming along is learning a bit about what your child is making and helping them make suitable choices for their fabrics! The excursion will take place on a Tuesday and when I have more information, I can finalise a date. Thank you.

Please contact Ms Hegarty by Wednesday, August 5th.

Student ID cards are available at the office for students years 7 to 12. $5 each

TERACYCLE RECYCLING COMPETITION
The students of Year 6 are encouraging the school to take care of the environment through recycling waste products. We would like to be involved in a competition designed to promote recycling of Toothpaste tubes.

Colgate will award $1000 to the school which collects the most oral waste care products. They will then forward the products to Teracycle who can provide a second life for these products.

Products include:
- Toothbrushes
- Toothpaste tubes
- Toothpaste caps
- Floss containers

They can be any brand.

Every year in Australia and New Zealand, over 30 million toothbrushes and 80 million toothpaste tubes are thrown away. Together we can help reduce the impact on the environment by recycling these materials.

Year 6 House captains

SECOND-HAND UNIFORM SALE
The next second-hand uniform sale will be held on Tuesday 18th August (1pm in the SEU building). For enquiries please call Susan: 5598 3358.

Timboon Youth Drop In Centre

FLAT TO RENT:
- One bedroom fully furnished flat in Timboon, power and water paid.
PHONE: 5598 3864 or 0407 044 089

For sale at the CAF
New Timboon P-12 scarves $15.00
Beanies $13.00
**CANTEEN NEWS**

### CANTEEN ROSTER

#### WEEK 4 (3rd – 7th August)

- **Mon 3rd**: Cherie Mungean, Sue Trotter
- **Tues 4th**: Naomi Lewis, Lisa Savage
- **Wed 5th**: Sheryn Vogels
- **Thurs 6th**: Jenny Inglis
- **Fri 7th**: Michelle Gristede, Carrissa Archibald

(12:00 – 2:00pm VOLUNTEER REQUIRED)

#### WEEK 5 (10th – 14th August)

- **Mon 10th**: Peta Williams
- **Tues 11th**: Sharon Reeve, Chrystal Johnson
- **Wed 12th**: Katie Millard
- **Thurs 13th**: Wendy Maskell, Linda Whiting
- **Fri 14th**: Kylie Martin, Misty Goodwin

(12:00 – 2:00pm VOLUNTEER REQUIRED)

If anyone can volunteer in the blank time slots above it would be appreciated.

---

**PARENT CLUB NEWS**

**TSPA PARENTS SAY**

Love to hear from you!

Name: ____________________________________________

Phone: ____________________________________________

---

**Basketball Skills Training**

Timboon Basketball Association is running a 5 week skills program for 6-9 yr old girls and boys.

Starting on Wednesday 5th August, 4pm to 5pm at the Timboon Stadium.

Cost is $50 per child and includes a drink bottle and shirt.

For more info or to register your child please call the Timboon Sports Stadium on 55983445, or call or text David on 0419807033

Places are limited so be quick!

Hope to see you all there!!
TIMBOON SQUASH CLUB
Mixed Squash Pennant
Tuesday and Wednesday Nights
Seedings 28th July & 4th August
Pennant starting 11th August
Ladies Squash Pennant
Thursday Mornings
Seedings 30th July & 6th August
Pennant Starting 13th August
Junior Squash Pennant
Thursday after school
Seedings 6th & 13th August
Pennant Starting 20th August
New Players Welcome
Contact: Katrina Currell 55983443
AGM Tuesday 4th of August 7.30 p.m.
at the Timboon Sporting Centre.

SPORTS AFTER SCHOOL

Term 3 will be on a Wednesday and Friday

1st session will be Wed 29th July with the last session on Fri 11th September
Children will meet at the library steps on the way to the buses to meet instructor
Pick up at the school pavilion (top oval) at 4.45pm.

Wednesday – Volleyball
Friday – Fun Fitness (Indoor/Outdoor Activities)

To participate please return the form below to the school office.

If you have any questions regarding active after school don’t hesitate to contact us at
Camp Cooriemungle on 5598 7254 or 0409 019 342

ACTIVE AFTER SCHOOL

Childs Name __________________________

Class ______________________

Allergy/Medical Conditions __________________________

Parents Name __________________________

Contact No __________________________

Emergency Contact no. __________________________

Please circle the day your child will be attending the program.

Wednesday            Friday

Junior Bubble Soccer
Starts this Friday Night @ 4:00pm at the Sports Stadium... Lots of fun...
Ages from 6yrs to 60yrs
Individuals or teams of 4.
Great confidence builder.
Come and have a go!
PHONE: 0428 407 777

Body Confident Children & Teens - Information for Parents
Every year, since its inclusion in 2006, body image has been one of the top three areas of personal concern for young people (Whale Australia, Youth Survey).

What: An interactive presentation that aims to equip parents with knowledge, information and tips, to better support their child’s and/or teen’s body confidence during puberty and adolescence at home.

Who: For parents, guardians and family members with boys and girls of school age.

Topics covered include:
- Background on body image and importance of prevention
- Brief overview of eating and body related issues and warning signs
- Key influences on body confidence
- Importance of role modeling positive body image and healthy behaviours
- Understanding ‘Fat Talk’ and handling ‘stuff’ they say
- Awareness around behaviours that increase or decrease body satisfaction
- Referral and support information

Date: Wednesday, 26th August
Time: 7pm – 8.30pm
Venue: Killara Centre, 210 Manifold Street, Campdenow, VIC 3260
Cost: FREE (bookings are essential)
Bookings close: Wednesday, 19th August

To book online:
www.thebutterflyfoundation.org.au > Education > For Parents
For more information:
helen.bird@thebutterflyfoundation.org.au 02 8456 3908

Please circle the day your child will be attending the program.