PRINCIPAL’S REPORT

- HOT WEATHER- Finally we get some relief. Thank-you to the Coverdale family who purchased 3 extra fans for three of our primary classrooms (9 in total). The students really appreciated the fans on our terrible hot Tuesday.
- Cyber bullying was a focus for School Council last year. I walked into a Year 3 class today and they were talking about how to submit a comment on their blog page. They were talking about what to say and what not to say. It amazes me that Year 3 students understand this concept yet we have adults who cyber bully. The use of social media, like Facebook, to degrade others is common. This is extremely poor role modelling and makes our job of saying it is not OK to be a bully more difficult.
- On the other side of social media are those people who spread the word to assist, help and support. Thank-you to those people who let our School Community know about the health warning I placed on our web page on Friday afternoon. The response was excellent and many people felt supported in making the right choice for their child to attend/not attend school.
- Social media is also being used to spread the word about a School Reunion happening on the 9th June. More information is available on the school’s website.
- I will be taking some Long Service Leave next week after visiting the Year 9 students at Marlo. Sean Fitzpatrick and Andrea Taylor will be able to answer any of your queries.
- Could all parents please complete the media consent form attached to the newsletter and return it to the school office.

Congratulations to: The 23 primary students who competed at the Regional Swimming Competition on hot Tuesday. Five students, Robbie Gleeson, Jennifer Huffadine, Pia Falk, Shelby Grister and Aimee Hose will all go on to the State Finals. The Interschool Cricket team who won at the Inter-zone competition at Victoria Park Ballarat.

If you have any concerns or issues that you wish to discuss with me please feel free to give me a call at school (55983381) or on (0407345324) Email: timboon.p12@edumail.vic.gov.au

ROSALIE MOORFIELD
PRINCIPAL

ASSISTANT PRINCIPAL REPORTS

- Congratulations to the 40 students who competed at the HSSSA swimming carnival. It is now important that we begin to shift our focus to the 7-12 Athletics day next FRIDAY 22nd of March. All parents are encouraged to attend this event on the school oval.

Western Region Senior Cricket Champions! Congratulations to our cricketers who are now off to the State Finals after beating Warrnambool College in the final. Excellent team effort!

- Important: It is important that students utilise their SCHOOL DIARY. All students are provided with a school diary. This will be regularly checked by their form teacher and contact home will be made if inappropriate use is being made of the diary. Can all parents regularly check their child’s diary and make comment to their teachers where required. A consistent effort by all in regards to monitoring proper use of the school diary can result in strong student organisational improvements.

- Pathways Interviews: What are they and when do they occur? Pathway interviews are interviews held with all Year 11/12 students at the beginning of each school year. It is a process designed to establish a strong supportive network for students. Students are provided with one-on-one assistance regarding their preferred learning style,
aspirations for the year and post-school (career), study support and required welfare support.

- **Reminder:** parent teacher interviews will be held on Wednesday the 27th (5:30pm-8:30pm) and Thursday 28th (10:00am-1:00pm) March. All student interim reports will be mailed home to parents. Parents are not required to book an official time with classroom teachers.

- **School Photos** will be held next Tuesday. Can all parents ensure your children are well groomed and in full school uniform to ensure perfect photos.

- **Good Luck:** To all of the students participating in this year’s Debutante ball to be held this Friday at the Timboon Hall at 7:30 (see this newsletter for further details).

- **And remember:** “Great minds discuss ideas. Average minds discuss events. Small minds discuss people.” - Eleanor Roosevelt

**SEAN FITZPATRICK**
**ASSISTANT PRINCIPAL**

Busy, action packed and hot would sum up our week. The 3-6 Swimming Sports last Friday ran like clockwork, under the watchful eye of Mr Haugh and with his team of amazing volunteers and support crew. A day like this is a huge undertaking and is only possible with the support of our wonderful community. To those who so capably took on lead roles – Our TSPA cooks: Ann Rosolin, Kylie Martin, Jodie Buck, Wayne Gillingham (and the many others who chipped in on the day); pool-side we had Michelle Gristede, Katie Millard, Sophie Bowker, Garry Duro, Lesley Togni, Katie Gleeson, Joy Morden; our microphone DJs and the numerous others who kicked in to help – please accept this as our grateful thanks (please understand that I have not intentionally missed anyone out – sorry if I have. We seemed to have so many helpers!)

This week I can introduce to you our final team captains, for Callaway house. Our Captains are: Nick Delaney and Pia Falk and the Vice Captains are Rohan Johns and Laura Weston. If you were at the Swimming Sports you will have seen first-hand just how organised and helpful these School Leaders are.

Our Religious Education program will begin this Friday. This year the program is being lead by Jill McLeod and Ruth Hoffmann. They follow the DEECD Approved RE syllabus with the support of a team of volunteers. The Program runs for 25 minutes once a week. If you have selected for your child to not take part in this program they will be supervised in the Pink room while the lesson is conducted with the rest of the class back in the classroom.

Finally, thank-you to the families who actively took part in our “Head-lice Target Weekend.” If you were unable to take part, forgot to return the form or maybe it’s still sitting in the bottom of a school bag you will receive a gentle reminder about the importance of our action being “unified” or as the say “useless without all” Please keep this in mind for our next “Head-lice Target Weekend” which will be in term 2.

**YEAR 7 AND 8 ELECTIVES**

**Term One.**

As well as the unit Wild, Wicked shoes, the Arts department are also offering units such as Dance, Graffiti Art and Performing Arts. In Dance the students are working with Nicki Bettess, a talented local dancer. Nicki is teaching the students how to create a performance piece using creative dance moves. This is a fantastic opportunity for students to express themselves in a variety of ways.

Teamwork is at the fore as students work together, listening and sharing ideas. Confidence is developed as these amazing young people have a go at a variety of intricate dance moves.

**Food and Fabric Technology** are offering units such as Eat Asian, Food and Agriculture, Funky Fabrics and Pyjama Party.

In Pyjama Party students are really excited to be designing and creating a pair of pyjamas. The enthusiasm is evident as materials are chosen and basic skills using the sewing machine are learnt. At the end of the term these young people will ‘walk the cat walk’ for younger students in our school, with their amazing designs and creations.

**ANDREA TAYLOR**
**ASSISTANT PRINCIPAL**
3 – 6 Swimming Sports
Last Friday, our Year 3-6 students participated in our annual Swimming Sports. We were presented with a very warm day, which matched some of the hot times being swum in the pool. There were many fantastic races contested throughout the day, over a variety of distances and strokes. The hoop, through-water and kickboard relays were a lot of fun, as each house tried their best to cheer on their teams. A big thanks must go to Tony Bird for his help in setting up the day and the efforts of our many parents and friends who assisted on the day (with marshalling, judging etc.) was really appreciated.

Congratulations to Narragoort, who were our winning house on the day. Narragoort scored 743 points to narrowly defeat Halladale on 709 points, with Callaway in third place on 705 points. Well done to all of our competitors who tried their best throughout the day. I will try to include some more photos of the day in next week’s newsletter.

Narragoort Captains Ben Berry and Laura Drayton

Female 100m Champion Pia Falk (right), Shelby Gristede (2nd), Jennifer Huffadine (3rd)

Male 100m Champion Nicholas Bentle (left), Sam Lenehan (2nd), Ben Berry (3rd)

Zone and Regional Swimming Championships
On Tuesday 5th March, a group of 26 students headed to Hamilton to represent our school at the Zone Swimming Championships. The students swam extremely well throughout the day, with many setting new personal best times. The great depth of swimming ability at Timboon P-12 School was shown, with our relay teams consistently finishing in the top 2 positions. This event was a qualifier for the Greater Western Region Swimming Championships, which were held in Warrnambool on Tuesday. We had a team of 23 swimmers who qualified for this event and again, our students swam very well, against tough and talented competition. Our 11 year old girls and 11 year old boys freestyle relay teams both finished third on the day. A big congratulations needs to go to our 12 year old girls freestyle team (Shelby Gristede, Pia Falk, Jennifer Huffadine and Aimee Hose) and to Robbie Gleeson (50m Breaststroke), who won their events on the day. These five students have now qualified for the State Championships in Melbourne, later this month. Congratulations and good luck!

Matt Haugh
P.E. and Sport Coordinator

Year 10 Career Investigation
In Year 10, students are encouraged to explore a range of possible careers and pathways, even if they already have an idea of their pathway through school and beyond. To assist them with this, students engage in different activities which include: identifying their current skills, attributes and interests; examining the labour market and employment trends; researching different careers. This week, Chris Hibburt from the Timboon Vet Group talked with the students about Veterinary Science. He included important messages to take on board, even if they were not considering a career with animals – “to give yourself more options in life, it is important to have a skill or something that someone else doesn’t have “it is not necessary to be smart, but to be prepared to knuckle down and work hard”. Chris spoke of Life Long Learning - learning and education doesn’t finish once you’ve done the basic training.

A huge thank you to Chris for being the first our community member to share his career pathway.

Year 11 Melbourne Work Experience Camp. 13th – 17th May
Congratulations to our Year 11 students – this camp is well underway, with the majority of students having a secure placement organised. For most students we are just waiting on the paperwork from home to send to the employers, to get the ‘administration’ bits and pieces finalised. Some students may need to undertake some additional Occupational Health and Safety certification if they are undertaking a placement in an industry different from their Year 10 placements.

We will shortly be sending detailed information home regarding camp costing and travel details.

JULIE NICHOLSON

EQUESTRIAN NEWS

EMU CREEK INTERSCHOOL DRESSAGE CHALLENGE
Thursday 28th March 2013 at Emu Creek Pony Club Grounds
This is a very popular event so please enter early.
For more information please contact Cheryl at the Caf.
PHONE 5598 3381.
ALL ENTRIES and $25 to Cheryl at the Caf by WEDNESDAY 13th MARCH. Cheques payable to “Emu Creek Pony Club”

HAMILTON AND ALEXANDRA COLLEGE
Interschool Equestrian Championships
Saturday 27th April 2013
Dressage, Rider skills, Jumping Equestrian, Handymount Championships, Rugs and Sashes
Entry $40 – Entries and info see Cheryl at the Caf
**Timboon School Footy Tipping:**
Join students and staff in our footy tipping competition.
Simply log onto Footytips.com.au and join now.
Once you have signed up, search for comps and join the **Timboon School** competition.
No password is required.
The top ten tippers each week will be listed on our webpage and published in the newsletter.
Its free and its fun. Good Luck.

**ORAL LANGUAGE SUPPORT PROGRAM**
This year we have been lucky enough to continue offering the Oral Language Support Program to our students. This program involves a number of students regularly working with Mrs Annette Vogels and being visited by Ms Erin Adams, Speech Pathologist from the Department of Education and Early Childhood Development.
The link between our ability to hear, recognise and produce the sounds involved in speech and our ability to use this information to help us read is well recognised. It is vitally important to help children with their speech sound production so they can go on to associate these with written words and letters.
It is important to work as a partnership between home and School. Erin is happy to help parents of the students she sees. There are some really great programs which can be sent home. Parents are welcome to come and watch while Erin works with their child.
Pam Hawkins

**Richard Scholes - The Magical World of Crazy Science**
On Wednesday March 20th, Grades 1 through to Year 10 will have the opportunity to view a unique science show hosted by Richard Scholes.
The Magical World of Science will have children spellbound with its delightful mixture of magical visual science demonstrations that teaches a wide array of science concepts.
The children will witness giant columns of elephant toothpaste, a genie’s appearance from a lamp, the world’s weirdest bird or Sir Isaac Newton ‘live’, massive smoke rings zooming and toilet paper flying, levitations gigantic bubbles, mountains of slime and billowing concoctions.
The cost for this event is covered in your child’s cultural school fees. If you have not yet had the chance to pay their cultural fees there is a small cost of $6.60 per child.
Grades 1 through to 5 will view the show at 9:50 and Grade 6 through to Year 10 will view the show at 11:30.

**SPEAKING AND WRITING COMPETITIONS**
The following competitions are available for students to enter.
Please see your English teacher or Mrs McVilly if you are interested or require more information.
Are you a writer? Are you interested in the world around you? Be creative. Write a poem, letter, article, story or essay for the **COMMONWEALTH ESSAY COMPETITION 2013**. Fabulous prizes, including flights to London and meeting famous authors. Junior category (under 14) and senior category. See me for topics.
Entries submitted by 1st May

**WARRNAMBOOL EISTEDDFOD**
Speech and Drama – 20th May to 31st May
Debate – 22nd July to 31st July Entries submitted by 22nd March

**LEGACY JUNIOR PUBLIC SPEAKING**
Students 12-14 years present a prepared speech (5 minutes) and an impromptu speech (2 minutes). Entries submitted by 1st May
Gerardine McVilly

**CANTEEN NEWS**
Have you an hour to spare to contribute to our **Volunteer Base** at the canteen. We have a few “volunteer required” positions. Please encourage family and friends to join us at the caf. Even once a term is greatly appreciated. If the rostered day is unsuitable please feel free to arrange a swap with family members, another school family or a person on the canteen volunteer list.
Please contact Cheryl or Debbie and join our team.

**CANTEEN ROSTER**

<table>
<thead>
<tr>
<th>WEEK 8 (18th – 22nd March)</th>
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<tbody>
<tr>
<td>Mon 18th</td>
<td>Sharon Mottram</td>
</tr>
<tr>
<td>Tues 19th</td>
<td>Jodie Couch</td>
</tr>
<tr>
<td>Wed 20th</td>
<td>Kelly Shultz</td>
</tr>
<tr>
<td>Thur 21st</td>
<td>Steph Delaney</td>
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<tr>
<td>Fri 22nd</td>
<td>Tanya Delaney</td>
</tr>
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<td></td>
<td>(12:00 – 2:00 Bryan Ward)</td>
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<table>
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<tr>
<th>WEEK 9 (25th – 29th March)</th>
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<tbody>
<tr>
<td>Mon 25th</td>
<td>Michelle Fowler</td>
</tr>
<tr>
<td>Tues 26th</td>
<td>Michelle Gristede</td>
</tr>
<tr>
<td>Wed 27th</td>
<td>Katie Millard</td>
</tr>
<tr>
<td>Thur 28th</td>
<td>Anne Rosolin</td>
</tr>
<tr>
<td>Fri 29th</td>
<td>GOOD FRIDAY</td>
</tr>
</tbody>
</table>

**SECOND-HAND UNIFORM SALE**
The next second-hand uniform sale will be held at on Friday, 22nd March (1:00pm 1:50pm in the SEU building.)
For enquiries please call Katrina, 5598 3443.
PARENT CLUB NEWS

**TSPA PARENTS SAY**  
Love to hear from you!  
Name: ______________________________________  
Phone: ______________________________________

**TSPA MINI MINUTES**

**P 3-6 SWIM SPORTS BBQ**  
Thank you to all who helped out with the swim BBQ. We had a good result, given the day was so warm.

**P 3-6 ATHLETICS BBQ**  
21/3/2013. We are also looking for more helpers for this event. Please contact a TSPA committee member if you are interested. Also from 10 am to 2pm, but only do what times you are able to help.

**DEB BALL**  
All seems to be on track for a successful event. Please book a ticket to go as it is a community event and a major fundraiser for the school. We wish all the debutants a wonderful evening. There will be a raffle on the night and tickets will be $2 each or 3 for $5.

**Mothers Day stall**  
The items which were ordered have begun to arrive and sorting will happen once all are accounted for. Date to be announced.

**RECIPE BOOK**

- Recipes to be emailed on the address below or handed in at the school office ASAP.
- The category list went in last week’s newsletter. If you missed the newsletter it is on the school website. There should be another order form printed in this week’s newsletter.
- **Competition one** is to name the book. **Competition two** is to submit a photo that could be used on the front cover. These are open to Timboon school students only. **Competition three** is open to all who submit an order form with the most books ordered on it. In the event of more than one having the same amount, those will be put into a pot and one will be drawn out the winner. There are three competitions and there will be a prize for the winner in each.
- Advertising space is available for local business, at $50 for half page and $100 for full page advert. Please email adverts to the address below.
- **By the end of term two we will collate the orders, recipes, competitions etc.** And will be able to update you in regards to progress. We would like to have what we need by then, so we have time to put the book together for print and delivery well before Christmas.

**ANNUAL GENERAL MEETING: 25/3/2013**  
All positions are normally declared vacant and there will be election of new office bearers. If you think you would like to assist with any of the positions, and then please come to the meeting. All Welcome to attend.

**Next Meeting: ANNUAL GENERAL MEETING IS ON THE 25/3/2013 AT THE SCHOOL ADMIN BUILDING AND WILL BE FOLLOWED BY AN ORDINARY MEETING DIRECTLY AFTER.**

Anne Rosolin (secretary) mob 0409029464  
or rosolin@activ8.net.au

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**TERRY’S TECH TALK**

**Blogs in the Making**

This week we have 23 staff members taking part in a state wide technology course to help improve their technological skills. It doesn’t matter how much a person knows or how skilled they are, especially in the world of technology, there is always something new to learn.

Technology is not the future, it is integrated into our everyday life right now and as educators we need to keep one step ahead to assist in the learning of the future generation. Several staff already maintain blogs which allow parents to keep a closer connection with student learning as well as giving students a chance to show their work at home. These blogs provide students with the opportunity to revise and revisit their learning. They provide parents of younger children with a visual prompt to inspire conversations with their child about current concepts being learnt at School (“What is _____ doing in this photo? What were you learning about then?”)

**What is a blog?**

A blog stands for web LOG and refers to keeping a log of events that happen - in our case within a classroom or subject area. It allows for photos to be included, illustrating important points along the way. Blogs also allow participants to post comments (for security reasons this usually requires a free registration). As the course progresses many more staff will start writing blogs to showcase work and shrink the gap between school and home. And Blogs are just the beginning, we are assured there are many more exciting pieces of technology to help our staff keep ahead to prepare our students for whatever their future will be.

Remember, subject and grade blogs (and the tech blog) can be found on the school webpage under quick links. Keep watching for more links as the number of class blogs expands.

Thanks for taking the time to read this article.

Go to: www.thinkuknow.org.au/kids  
This button is like calling 000 or 112 emergency numbers on your phone. It is taken seriously and it is a criminal offence to abuse this button.
FOR SALE

Single father of two looking for a two/three bedroom house to rent please. Needed A. S. A. P. Even 5 to 10 mins out of Timboon. Willing to do milkings for the rent.

CONTACT: ANF 0423 645 359

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Adult mini Appleyard ducks $30 each
3 x baby Appleyard ducks $15 each
Large tropical snails for aquariums / pools $2.00 each
Purebred black male pug, 17 months old, very active young man, comes with pedigree papers. $1,800
“Brand new” in box. Block and tackle, 3 tonne capacity $250
WANTED 3 bedroom house in town please have small dogs and fish tanks

PHONE: 0437 825 664

_________________________

Nintendo Ds Game – Lego starwars 3 $15
638 Pokemon cards in good condition $150
14 Playstation2 games in excellent condition $100 the lot

PHONE: 0498 252 412

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Timboon P-12 School Parent Association Presents

The 59th Annual

Timboon P-12 Debutante Ball

Friday 15th March 2013
Timboon Public Hall
Parking at rear of Hall

Doors Open 7.30pm
Debs Presented 8.00pm
This is an Alcohol Free Event

Tickets available from
Monday
18th February
At Timboon P-12 Office
Jo Jo’s Timboon or Cobden Tech

Adult $20
Concession $15
No ticket sales at door
Raffle tickets available on the night

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2013 Timboon P-12 School
Debutante Partners

1 Tiffany Doensen and Patrick Delaney
2 Brooke Quarrell and Nathan Hunt
3 Kirsty Ludeman and Jack Rowe
4 Tiarne McCllelland and Eddie Gaut
5 Emalyne Jones and Toby Walsh
6 Georgia Spokes and Aaron Lindsay
7 Joanna Couch and Daniel Bullen
8 Vanessa Millard and Chester Gardner
9 Lisa Couch and Wessel Botha-Odendaal
10 Larissa Barry and Angus Dalziel
11 Rachael Beames and Jake Bentley
12 Brittany Lindsay and Alex Dwyer
13 Tain Selten and Aiden Peile
14 Amy Drayton and Alister McConnell
15 Annie Currell and Cody Merrett-Fowler

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Timboon P-12 2013 Debutante’s
The Timboon Hotel
will be opening from 5.00pm for meals
on Friday 15th March 2013.
With compliments Graeme Welsh publican

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TAKE Action and Change you Life!!
*5 principles to SUCCEED IN LIFE
PLACE: Timboon Library
DATE: Saturday 16th March
TIME: 11am
Elmer Batres PHONE: 0425 554 379
**Nirranda Knights Cricket Club**

**Presentation Night**  
(Juniors and Seniors)  
Saturday 16th March, 7pm  
Nirranda Recreation Reserve  
Bring a casserole or dessert to share  
Memorabilia Auction on the night.

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**TIMBOON SPORTING CENTRE**

**FUN-NASTICS**

FUN-NASTICS IS A FUN BASED GYMNASTICS PROGRAM FOR 5 TO 11 YEAR OLDS. THIS PROGRAM AIMS AT IMPROVING BODY COORDINATION AS WELL AS FINE MOTOR SKILLS USING A RANGE OF FUN BUT CHALLENGING GYMNASTICS BASED ACTIVITIES.

**TIMBOON SCHOOL REUNION**

June 9th 2013  
Timboon School Reunion for past students and Staff.  
Join on the Timboon HS Facebook page.  
Email kim-irvine@hotmail.com  
Judi at judiburgin@yahoo.com  
Glenice at ssrt@iinet.net.au  
Sheryl at sheryllynch@bigpond.com or phone 0438 985 331

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**SAVE THIS DATE**

June 9th 2013  
Timboon School Reunion for past students and Staff.  
Join on the Timboon HS Facebook page.  
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For enquiries please call Katrina, 5598 3443.
Timboon P-12 School

MEDIA
CONSENT

In this age of electronic media, we have many photos and student work that is now being presented via electronic media. To ensure that our consent forms are relevant and up to date we would like all parents to complete this consent form. Please note that media will include: Newsletter, Newspapers/magazine, Webpage, Television, and Promotional Flyers for the school.

Please complete the form below and return it to the office.

MEDIA PERMISSION
PARENT/GUARDIAN DECLARATION

<table>
<thead>
<tr>
<th>Child's Name</th>
<th>Surname</th>
<th>Year Level</th>
<th>Consent ✓/X</th>
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<tr>
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Parent/Guardian Name: ____________________________

☐ I do consent to my child's photos, images or work samples being used for school related media purposes.

☐ I do not consent to my child's photos, images or work samples being used for media purposes.

Parent/Guardian Signature: ____________________________ Date: ____________


Canteen Menu – Semester 1, 2013

The FIVE main food groups in the Australian Guide to Healthy Eating:
- bread, cereals, rice, pasta, noodles
- vegetables, legumes
- fruit
- milk, yogurt, cheese
- meat, fish, poultry, eggs, nuts, legumes

These foods provide the important nutrients the body needs.
The extra foods are other foods that may be eaten sometimes or in small amounts.
Only low-fat cheese & low-fat margarine are used.

EVERYDAY FOODS

SALAD SANDWICHES, ROLLS OR WRAPS
Includes lettuce, beetroot, tomato, carrot, low fat cheese and your choice of ham, chicken or egg.
$5.50
If selecting two proteins e.g. Ham, egg and salad please add $1.00
Deduct 50c for each salad item deleted

Mustard, pickles, chilli sauce or low fat mayo also available
20c
Also available
Vegetable Sandwich or Roll
$2.00

EVERYDAY FOODS

SALAD BOWLS
Vegetarian: lettuce, tomato, cheese, carrot, beetroot and egg
$5.50
If deleting an item, deduct 50 cents per item

SELECT CAREFULLY

Meat Lovers: Ham or chicken add $1.00 per item

EVERYDAY FOODS

DRINKS
Water
$1.50
Fresh Orange Juice Drink 300ml
$1.90
Fresh Apple Juice 300ml
$1.90
Nippy's low-fat flavoured milk - chocolate
$2.00
Strawberry, iced coffee or honeycomb

Lunch Bags 5c
Hot Water for Soup / Noodles from home 20c

EVERYDAY FOODS

Fried Rice (Mon, Wed, Fri only)
$4.00
Chicken Chilli Wrap (Mon, Wed, Fri only)
$5.50
Corn
$1.00

SELECT CAREFULLY

HOT FOOD
Soup - chicken, chicken & corn, beef
$2.20
Fantastic Noodles - chicken, chicken & corn, beef
$2.40
Dim Sim steamed
$1.00
Soup in Roll
$3.50
Lasagne
$4.00
Pies
$3.95
Party Pie
$1.40
Vegetarian Pies
$4.15
Vegetarian Pies Roll
$3.20
Sausage Roll
$2.00

Add 5 cents for sauce

SELECT CAREFULLY
**EVERYDAY FOODS**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Slinky apples</td>
<td>$1.00</td>
</tr>
<tr>
<td>Sultanas</td>
<td>$1.00</td>
</tr>
<tr>
<td>Cup of strawberries &quot;available 1st and 4th Term&quot;</td>
<td>$2.50</td>
</tr>
<tr>
<td>Cup of fruit salad &quot;available 1st and 4th Term&quot;</td>
<td>$2.50</td>
</tr>
<tr>
<td>Punnet of Strawberries</td>
<td>$3.20</td>
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</tbody>
</table>

**SELECT CAREFULLY**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td><strong>ICE CREAM</strong></td>
<td></td>
</tr>
<tr>
<td>Ice Money - Strawberry, Chocolate, Grape, Orange</td>
<td>$0.60</td>
</tr>
<tr>
<td>Yoghurt Frozen - strawberry</td>
<td>$2.30</td>
</tr>
<tr>
<td>Rockets - lemonade, raspberry,</td>
<td>$1.00</td>
</tr>
<tr>
<td>Dixie ice-cream cups</td>
<td>$2.30</td>
</tr>
<tr>
<td>Frozen Zing Yogurt Sticks</td>
<td>$0.80</td>
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<tr>
<td>Frozen Quelch Fruit Juice sticks</td>
<td>$0.80</td>
</tr>
</tbody>
</table>

*(Not available 3rd Term)*

**SELECT CAREFULLY**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DRINKS - LOW JOULE</strong></td>
<td></td>
</tr>
<tr>
<td>Coca-Cola Diet Coke</td>
<td>$1.80</td>
</tr>
<tr>
<td>Pepsi Max, Zero Coke</td>
<td>$1.80</td>
</tr>
<tr>
<td>600ml bottles: Sunkist Light, Solo Sub, Pepsi Light, Pepsi Max</td>
<td>$3.90</td>
</tr>
<tr>
<td>Pop Tarts - blackcurrant, orange juice</td>
<td>$2.30</td>
</tr>
<tr>
<td>Primas - Apple, tropical, orange juice</td>
<td>$1.60</td>
</tr>
<tr>
<td>Frescha 500ml apple/blackcurrant</td>
<td>$2.50</td>
</tr>
<tr>
<td>- or orange juice drink</td>
<td></td>
</tr>
<tr>
<td>Milo - hot or cold (made with low-fat milk)</td>
<td>$1.50</td>
</tr>
<tr>
<td>Milk - 300ml 50% fat - chocolate, Strawberry, honeycomb &amp; iced coffee</td>
<td>$2.50</td>
</tr>
<tr>
<td>Milk - 600ml full-fat flavoured milk - Strawberry, chocolate, honeycomb &amp; Iced Coffee</td>
<td>$3.30</td>
</tr>
<tr>
<td>Focus Flavoured Water Pop Top 350ml Fruit Fest, Black Current, Lemonade, Raspberry</td>
<td>$1.80</td>
</tr>
</tbody>
</table>

**SNACK FOOD - School Canteen Approved**

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Red Rock Deli chips - honey soy or plain</td>
<td>$1.00</td>
</tr>
<tr>
<td>Smiths plain, BBQ or salt /vinegar - 30gm</td>
<td>$1.00</td>
</tr>
<tr>
<td>Popcorn</td>
<td>$1.00</td>
</tr>
</tbody>
</table>

**TOASTIES**

Send sandwiches from home to be toasted .50c.

ORDER sandwiches from the canteen and add .50c for toasting.

Have you an hour to spare to contribute to our volunteer base at the canteen? 'Money Free' positions available. Even once a term is greatly appreciated. Please contact Cheryl or Debbie and join our team.